

# Burch Charter School of Excellence

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Dear Parents,

For the safety of our students we would like you to be aware of the enterovirus. The virus has affected many children already who have had to seek emergency treatment in a hospital. Please be vigilance and monitor your child if they have any flu or cold like symptoms and or asthma.

## **FROM: New Jersey Department of Health What are enteroviruses?- EV-D68 It is a respiratory pathogen**

### **What are symptoms of EV-D68 infection?**

Mild symptoms may include runny nose, sneezing, cough, body and muscle aches and sometimes fever. Severe symptoms include difficulty breathing, wheezing and worsening of asthma. Hospitalization in an intensive care unit may be required.

### **How is EV-D68 infection spread?**

Is spread through close contact with infected people. The virus likely spreads from person to person when an infected person coughs or sneezes, also present in poop (stool) and can be passed on to others when a person touches poop and does not wash their hands.

### **Who is at risk for EV-D68?**

Children with asthma seem to have a higher risk for severe respiratory illness. Infants and people with weakened immune systems have a greater chance of complications

### **How is EV-D68 treated?**

There is no specific antiviral medication for EV-D68 infections. Those with severe respiratory illness may need to be hospitalized and receive intensive care.

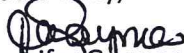
### **How can I protect myself from becoming infected with EV-D68?**

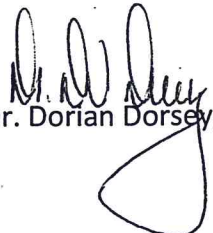
Wash hands often with soap and water for 20 seconds.

### **If a child is hospitalized with enterovirus or EV-D68, when can they return to school/daycare?**

Children without a fever should be excluded until symptom free. Children with a fever (oral temperature of >100oF) must stay home until they are fever free for 24 hours without fever-reducing medication.

Yours Truly,

  
Jenifer Gaymes, School Nurse

  
Approved: Dr. Dorian Dorsey, Principal